

SECOND LIGHT AUTUMN WORKSHOPS & READINGS

Inside the Brightness of Red

Friday 8th October 2010 - LONDON

10:30am to 1:00pm – *Writing from Difficulty*, Workshop with **Fiona Sampson**. Difficult experiences can fuel and hinder our writing. This workshop explores the often-secret life of experiences and feelings as they are transformed into poetry.

2:00 to 4:30pm – *Music and Memory*, Workshop with **Penelope Shuttle**. Focus on how music can both activate and contain memories; how listening to music can also improve our ear and our writing technique by using rhythm, etc.

4:40 to 5:00pm – *The Janus Hour*: **Anne Stewart**, reading from her first collection (Oversteps Books, 2010). "...a sense of quest for survival, for the light behind the clouds. Mercurial, like a Fellini film." (Katherine Gallagher).

Venue: Lumen Centre, 88 Tavistock Place, WC1H 9RT. (Russell Sq/KingsX/St Pancras)

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**6:30 for 7:30pm** – *Inside the Brightness of Red*: Reading and launch of a posthumous, second collection of poems (Second Light Publications 2010) by Mary MacRae, a poet of both outer landscapes and inner, spiritual landscape.

**Venue:** The Art Workers Guild, 6 Queen Square, WC1. (Holborn/Russell Sq)

**£33/£25 (low income), Members' Priority Booking for both workshops  
OR £20/£15 (low income) per workshop subject to available places  
Entry to the readings is free. Men are welcome at readings.**

**BOOKING for Inside the Brightness of Red, 8<sup>th</sup> October. I will attend readings**   
**Name & Address (block caps please)**

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**Tel:** \_\_\_\_\_ **e-mail:** \_\_\_\_\_.

I attach cheque to "Second Light" for £\_\_\_\_\_, as booking for the workshops.



Fiona Sampson's latest collection, *Rough Music*, is shortlisted for the 2010 Forward Prize; last year she received a Cholmondeley Award and became an FRSL. She is author of sixteen books and Editor of Poetry Review.

Penelope Shuttle lives in Cornwall. Her ninth collection, *Sandgrain and Hourglass*, appears from Bloodaxe Books in October 2010 and is a Recommendation of the Poetry Book Society (Winter Quarter).

Anne Stewart is founder of *poetry p f* and Second Light Administrator and web-editor. She won the Bridport Prize in 2008. *The Janus Hour* is published by Oversteps Books (2010).

Mary MacRae (1942 – 2009) was widely published in journals and anthologies. Her first collection, *As Birds Do*, was published in 2007 by Second Light Publications.

**[www.seconlightlive.co.uk](http://www.seconlightlive.co.uk)**

Booking form & Payment to:  
Dilys Wood, 9 Green Dale Close, London SE22 8TG