

# SECOND LIGHT

## LAUNDE ABBEY EXTENDED WORKSHOP

Tue 26 – Fri 29 AUGUST 2008

**Facilitators: Myra Schneider and Penelope Shuttle**

Poetry courses start on Tuesday evening (evening meal provided) and go on to Friday lunchtime (lunch provided). They are for women aged around 40 and above with some experience of writing. Numbers have been around the 25 mark in past years, but most of the work is in smaller groups.

Course content includes:

- writing exercises to stimulate your own writing;
- readings by facilitators and participants of their poetry;
- discussions;
- free time for writing;
- workshopping your own poetry.

Participants usually write new poems and there is a publication, *The Launde Bag*, for poems written, workshopped or read at Launde.

Launde Abbey is an historic house with spacious meeting rooms used as a retreat and conference centre. The grounds extend over 400 acres with 11 acres of beautiful, peaceful gardens. There is a large kitchen garden with listed Victorian greenhouses – you can strike out straight from the grounds for country walks.

The Abbey is 15 miles from Leicester and six miles from Oakham. It is easy to reach by rail from Leicester and Peterborough, getting out at Oakham station and usually being able to share a taxi with other course members.

The charge is £260 for a single room and £210 for a shared room.

Dilys Wood, 9 Greendale Close, London SE22 8TG  
E-Mail: dilyswood@tiscali.co.uk

**Myra Schneider**'s most recent books are *Multiplying The Moon* (Enitharmon) and *Writing My Way Through Cancer*, a journal with poems (Jessica Kingsley 2003). Her new Enitharmon collection, *Circling The Core*, is due this August. She co-edited *Images of Women* (Arrowhead Press 2006) with Dilys Wood.

**Penelope Shuttle**'s latest collection is *Redgrove's Wife* (Bloodaxe books, 2006). She published her first collection in the 1980s (6 collections from OUP and *A Leaf Out of His Book* from Oxford Poets / Carcanet in 1999). She co-authored several books with her husband, Peter Redgrove. She writes, teaches and gives workshops and readings in the UK and abroad.

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Please enrol me in the Second Light Extended Workshop 26– 29 August 2008.

I would like to book a Single Room / Shared Room. \*

I enclose / have already paid a deposit of £50 (payable to Second Light). Balance due by 1st June 2008.

I understand that I will need to pay in full if I am not able to attend and a replacement cannot be found. \*\*

Signed .....

Name ..... **BLOCK**

Address ..... **CAPITALS.**

..... **PLEASE**

Phone .....

e-mail .....

Special Dietary or other Requirements .....

\* If there is a great pressure on numbers preference may have to be given to people willing to share.

\*\* You are advised to take out holiday insurance to cover yourself in the normal way against illness / family bereavement as Second Light finds it difficult to bear the cost of cancellation.

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