



**Alison Brackenbury**



**Caroline Carver**



**Wendy French**



**Katherine Gallagher**



**Mimi Khalvati**



**Stephanie Norgate**

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**Caroline Price**



**Penelope Shuttle**



**Anne Stewart**

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## **Second Light Spring Festival 2019**

**Friday 24<sup>th</sup> & Saturday 25<sup>th</sup> May**

The Art Workers Guild, 6 Queen Square, London, WC1N 3AT

### *Writing Our Selves*

#### WORKSHOPS

*CAROLINE CARVER*

*STEPHANIE NORGATE*

*CAROLINE PRICE*

*PENELOPE SHUTTLE*

**SATURDAY NIGHT READING (wine available)**  
**Introduced by Wendy French: Alison Brackenbury,  
Caroline Carver, Katherine Gallagher, Mimi Khalvati  
& launch of Anne Stewart's latest collection  
*The Last Parent* (Second Light Publications)**

**2 OPEN MIC events with GUEST READERS:  
Angela Kirby, Nancy Mattson, Susan Jane Sims, Christine Vial**

Workshops are for women only  
Open Mic readings are by women only  
Men welcome at readings

Second Light Network of Women Poets

**BOOKING FORM: [www.secondlightlive.co.uk/downloads/spr19.pdf](http://www.secondlightlive.co.uk/downloads/spr19.pdf)**

## Writing Our Selves

Confessional poetry – our faults, our loves and hates across family, lovers, friendships – is age-old. Post-Freud, in the mid-C20, poets like Robert Lowell, Anne Sexton and Sylvia Plath made ‘confession’ a speciality. The C21 is, perhaps, more wary of navel-gazing and writers less certain of discovering a coherent self when we begin to dig. How – using what assumptions, approaches and techniques – do different poets approach intimate feelings / self-revelation today; and how may we find an approach to suit us?

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**Caroline Carver** is well-published poet, winner of many prizes including the National, and loves working with other poets and the excitement of generating new ideas within a group. She lived in a number of countries before ending up by the sea in Cornwall.

**Stephanie Norgate** is a poet and playwright. Her two collections from Bloodaxe are: *Hidden River* (shortlisted for Forward First Collection and Jerwood Aldeburgh prizes) and *The Blue Den*. She ran the Chichester MA in Creative Writing for many years and is an experienced tutor.

**Caroline Price** is a violinist and teacher. She has published short stories and 4 poetry collections, the latest, *Picnic on the rocks, with frog* (Shoestring Press, 2017) and was runner-up in the Tom-Gallon Award (Society of Authors, 2015). She tutors for the Poetry School and has undertaken residencies/workshops in England/France in recent years.

**Penelope Shuttle**: poet and regular tutor (UK and abroad). Her latest Bloodaxe Books are, 11<sup>th</sup> collection, *Will You Walk A Little Faster?* (2017), *Unsent: New and Selected Poems, 1980-2012* (2012), *Sandgrain and Hourglass* (2010), and *Redgrove's Wife* (2006) and, from IDP (Nov 2018), *Lzrd: Poems from the Lizard Peninsula* (with Alyson Hallett).

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## Writing Our Selves

Second Light Spring Festival 24 & 25 May 2019

Workshops are for women only. Open Mic readings are by women only.  
Men are welcome to attend the readings.

### Friday 24<sup>th</sup>

**10:30am – 1pm, Caroline Carver workshop:** *Sometimes at night / the walls disappear / a sea of new faces / stretch out their hands / What should we do?* We retreat behind words to deal with our difficulties, or look at those of others. We are all refugees in this global world, and must look at what we flee from.

**1:45 – 4:15pm, Penelope Shuttle workshop,** *The Self as Child:* What we call ‘our self’ is made of many selves. ‘The child self’ has its own paradoxical existence hidden inside our present-day self. In this workshop we’ll travel back in time to visit our child self via our poems.

**4:45 – 6pm Open Mic: Guest Readers Angela Kirby & Susan Jane Sims**

### Saturday 25<sup>th</sup>

**10:30 am – 1pm, Stephanie Norgate workshop:** *The Place of the Self, The Room of My Life* – Where do our many selves live? In memory? In houses? In metaphor? We will experiment with writing exercises which locate diverse personal experience in physical space and in the virtual space the poem creates.

**1:45 – 4:15pm, Caroline Price workshop:** “*Identify the specific and you’ll describe the universal*” (Goethe). The more we capture detail, the more our most personal experiences can be identified with by the reader. In this workshop we will focus on writing as authentically as possible about our lives.

**4:45 – 5:45pm Open Mic: Guest Readers Nancy Mattson & Christine Vial**

**7:15 for 7:45 – 9pm, MC, Wendy French, Readers: Alison Brackenbury, Caroline Carver, Katherine Gallagher, Mimi Khalvati & launch of Anne Stewart’s new collection, *The Last Parent***

**PRIORITY BOOKING FOR SECOND LIGHT MEMBERS.**

**4 Workshops £95** (£68conc) (all reading events are free)  
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Concessions are not age-related, but for those on very low income

Need help with travel costs? [www.seconlightlive.co.uk/accesstopoetry.shtml](http://www.seconlightlive.co.uk/accesstopoetry.shtml)

The Art Workers Guild, 6 Queen Square, London, WC1 (Russell Sq tube)

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